

SEATTLE WEATHER FOR ED FORUM

In early June, Seattle averages a daily maximum temperature around 70°F. The minimum temperature usually falls to around 52°F. Conditions are clear, mostly clear, or partly cloudy around 50% of the time. Sunrise is around 5:15AM and sunset around 9:00PM. If you are planning to participate in the Walk for Waldenström's 5K, be sure to bring comfortable walking shoes, a water bottle, a hat, an umbrella, and an extra layer to stay cozy on the early morning trail.

HELPFUL TIPS AND HINTS

What to Pack

Plan for comfort during the sessions! People have different temperature comfort levels. The meeting room temperatures may be on the cool side. We strongly suggest dressing in layers and/or bringing a sweater or jacket to help you stay within your comfort range during the sessions.

Pace Yourself

The Ed Forum days are exciting, long, and jam-packed. Take good care of yourself throughout this meeting marathon. Take stretch breaks, stay hydrated, step outside for a breath of fresh air, or stand in the back of the room if your back aches. You know yourself best...do what you need to do to take good care of yourself!

