

WEATHER & PACKING TIPS



PHILLY WEATHER FOR ED FORUM

In June, Philadelphia averages a daily maximum temperature around 80°F (27°C). The minimum temperature usually falls to around 60°F (15°C). If you are planning to participate in the Walk for Waldenström's 5K, be sure to bring comfortable walking shoes, a water bottle, a hat, an umbrella, and an extra layer to stay cozy on the early morning trail.

PACKING TIPS

Plan for comfort during the sessions! People have different temperature comfort levels. The meeting room temperatures may be on the cool side. We strongly suggest dressing in layers and/or bringing a sweater or jacket to help you stay within your comfort range during the sessions.

MAKING THE MOST OF BEING PART OF THE ED FORUM

Pace yourself! The Ed Forum days are exciting, long, and jam-packed. Take good care of yourself throughout this meeting marathon. Take stretch breaks, step outside for a breath of fresh air, or stand in the back of the room if your back aches. You know yourself best... do what you need to do to take good care of yourself!