

## **WALK FOR WALDENSTROM’S DETAILS & WAIVER**

### **3<sup>rd</sup> ANNUAL 5K WALK FOR WALDENSTROM’S** **SUNDAY, JUNE 9, 2019, @ 6:30 AM**

Feel free to join us for the 3<sup>rd</sup> annual IWMF Walk for Waldenstrom’s!

On Sunday, June 9, at 6:30 AM at the IWMF Ed Forum in Philadelphia, participating patients, caregivers, and health care professionals will take part in a 5K walk – sharing their life experiences as they deal with WM. Many will also be walking to help raise money that will be used by the International Waldenstrom’s Macroglobulinemia Foundation as it fulfills its mission to support everyone affected by WM while advancing the search for a cure.

NOTE: All are welcome to join us in this walk – raising money is not a requirement to walk – all that’s needed is your willingness and ability to spend some time outdoors with others travelling similar journeys with Waldenstrom’s macroglobulinemia.

To join us, just **arrive in the hotel lobby by 6:15 AM**, and IWMF staff will be on hand to lead everyone on a 5K (approximately 3 mile) walk near the hotel.

Also, since we are committed to ensuring your safety and comfort during our walk and so that you are aware of all aspects of the walk, please print, read, and sign the [Walk for Waldenstrom’s waiver \(click here\)](#) –and bring it with you to the lobby before the walk. If you forget to do so, the IWMF staff will have extra copies on hand.



**The First Walk for Waldenstrom’s in Phoenix in 2017**

If you ARE interested in taking advantage of the opportunity to help raise money to support the IWMF in its continuing efforts to provide education, support, and vital funding for groundbreaking research, see further instructions below. (Again, fundraising on the IWMF’s behalf is not required, but still much appreciated!)

[Sign up \(click here\) to raise money while you Walk for Waldenstrom’s!](#)

[Step-by-step instructions \(click here\) on how to set up your Walk fundraising activity on “mightycause”.](#)

You have four ways you can help reach the Walk’s fundraising goals:

- Create a team of your own and promote it among your friends and family.
- Donate on behalf of one of the walkers.
- Join us in Philadelphia for the Walk for Waldenstrom’s.
- Be with us “virtually” by going for a walk in your neighborhood, local gym, walking trail, etc. on the same day and encouraging your friends and family to donate on your behalf. You can encourage others to also “Walk for Waldenstrom’s” on that day.



**The Second Walk for Waldenstrom's in Chicago in 2018**

For those who wish to purchase commemorative shirts or hats, IWMF Walk for Waldenstrom's apparel is now available via [Café Press!](#)

Disclaimer: Please note that to keep apparel prices as low as possible, we have kept the markup price to a minimum. Although any royalties do benefit the IWMF, these items are being offered primarily to celebrate the annual walk, and our organization receives only 1% of the revenue from each sale. We appreciate all kinds of support, but kindly suggest that those who would like to give monetarily to the IWMF do so directly via our website.

The walk path will be in downtown Philadelphia, near the hotel, with a couple of "diversions" along the way for unique group photo opportunities. The map is available [here](#).